

## Standard 7 Reflection on Action-Based Research - Angela Jurgensen

My Action-Based Research project is an example of my commitment to learning and growing. The focus of my research was bringing creativity to the science classroom, and analyzed the ramifications and outcome. My premise was that traditional emphasis on content in our education system is squashing out creative thinking, which is one of the tools for global change. As a Social Reconstructionist, I am very much interested in engaging and empowering students, and so this project was very important towards my growth as a teacher.

Through this project, I have learned an amazing deal about what creativity truly means, and the best way to introduce creative activities to a classroom. Completing this project took a great deal of introspection.

This is an important piece of evidence as it displays my organization skills, my focus, my thought process and my passion for teaching, as well as an incredible amount of growth. I have found that I love action-based research, and will continue to do so throughout my career.

What opportunities are currently available for teachers to enrich their practice through your school?